



# Plymouth Hockey Club

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Club Members

December 2011

## MINUTES OF THE PLYMOUTH HOCKEY CLUB COACHES MEETING HELD AT COMPTON PARK ROAD, PLYMOUTH, ON 20<sup>th</sup> DECEMBER 2011 AT 7PM.

Present:	Mr R D White (Rob) Mr M Timson (Mike) Mr S Mathis (Steve) Mr S Large (Steve) Mr C Vinson (Chris) Mr R Cooke (Russell) Miss K Walker (Kirsty)	Chairman Head Coach Badgers Coach U10 & U12 Coach U9 Coach U9 Assistant Coach Foundation Coach
Apologies:	Miss K Palmer (Kelly) Mr E Hickey (Ed)	Foundation Coach Coach

Item	Decision	Action
(a)	(b)	(c)
1. Apologies	Apologies were received from KP & EH.	
2. Introduction	This being the first meeting of the Club coaches, RW thanked everyone for attending and thanked SL and AL for allowing the meeting to take place in their home.  RW explained that with the Club growing and more coaches being trained a degree of planning was required to ensure the best use of people and resources. There was also a need to meet if only to ensure that the committee's efforts were focussed to meet all future challenges.	
3. Coaching Programme	It was agreed that the training sessions may have to be separated if the Club membership exceeded 90 players. This would have significant manning and resource implications.  SL proposed a draft programme for discussion. The 4-weekly repeating programme would be used by all groups as a basis for their planning and weekly activities. The programme was agreed and SL was asked to populate the "Resources" column on the draft version at Annex A.	All SL
4. Development and employment of apprentice and foundation coaches	It was agreed that it was important to develop new coaches from young players with the desire and aptitude to undertake this role. Currently, RC, KP and KW were regularly employed as coaches and had proved invaluable. KP, KW, Francesca Bellan, Emma Dorian-Kemp, Joe Large, Matt Smith and Nate White would complete the Leadership Award on Sunday 15 Jan 12, achieving Foundation Coach status. Reece, Annabel and Olivia were not coaches and therefore it was unfair to employ them as such until they were properly trained.  It was felt to be important that coaches at all levels were properly employed, supported and supervised. In order to achieve this, the Club organisational chart was reorganised to allocate "apprentice" Foundation coaches to L1 Coaches for control and employment in line with the coaching plan (see Annex B). Ed was to assume responsibility for the U10, initially working closely with SL. Whilst the number of players dictated where coaching resources were allocated, it was recognised that there needed to be as much continuity as possible.	MT  SL, EH & CV  SL & EH All

Item	Decision	Action
(a)	(b)	(c)
	<p>The Apprentice coaches were to be taught a number of warm-up exercises. From the Sunday 22 Jan 12, on completion of the Leadership course, they were to lead the session warm up, supervised by MT. The Assistant coaches could use this time to observe and/or prepare their training props. Apprentice coaches who were playing in a team would re-join their training group after the warm up.</p> <p>Apprentice coaches were to be fully integrated in to the coaching plan. They were to be given sufficient time, resources and support to prepare for their part in the programme (i.e. a week and a Quik Sticks card); liaison would be required.</p>	<p>SL MT  SL, EH &amp; CV</p>
5. Coaching Resources	<p>The following coaching resources were requested:</p> <ol style="list-style-type: none"> <li>Ground strips and circles in red, blue, green and yellow.</li> <li>More bibs in different colours (r, b, g &amp; y).</li> <li>Bibs marked and bagged by size.</li> <li>More balls divided in to light and heavy and marked.</li> <li>Whiteboards (A1) x 4.</li> <li>Two sets of 4-colour marker pens and a board rubber (in kit bags?).</li> <li>Rope ladders x 4.</li> </ol> <p>Time was not critical and it felt beneficial to use up the various tokens sports collected.</p> <p>Coaches were encouraged to consider the value of coaching equipment seen on courses or used in other clubs.</p>	<p>GH       GH  All</p>
6. Discipline Policy	<p>RW pointed out that all players were given a copy of the Player's Code of Conduct (see Annex C) on joining the Club. They were not required to sign it, mainly due the paperwork that would be produced.</p> <p>The Player's Code of Conduct, Junior Club Rules (Annex D) and Disciplinary Policy (Annex E) were on the website. It was important that the all volunteers and parents were consistent and mutually supportive; presenting a "united front", at least as far as the children were concerned.</p> <p>Discipline at training rested primarily with the session Coach. Where a coach was not receiving cooperation from a child who was continuing to disrupt the group, the player was to be sent to the Club tent to Rob, in the first instance, or to Graham, Helen or Carrie, if he was unavailable. Players sent to the tent could expect to sit with the adults ("sin bin") for 20 minutes before being sent back to their group.</p> <p>Repeated "sin binning" required that parents were informed and a note made. Continuing bad behaviour over a number of weeks could lead to suspension from training and games. A failure to improve on return from suspension would ultimately result in expulsion without appeal.</p>	<p>All</p>
7. Ben Blundy	<p>BB was an adult hockey player, a goalkeeper, and a Level 1 coach ready and keen to undertake his Level 2 coach. BB had supported the Club since its revival by delivering goalkeeper training; the players enjoyed his training.</p> <p>BB was keen to undertake his L2 course and RW was keen to offer him the opportunity if he would commit his free Sunday's to the Club. This was unanimously supported.</p>	<p>RW</p>
8. AOB	<ol style="list-style-type: none"> <li><b>Pitch Marking.</b> It was agreed to have the astro marked with 3 mini pitches between the nets. PCC had offered to do this and RW agreed to contact them.</li> <li><b>Folding Goals.</b> RW was making slow progress regarding folding goals for training. It was pointed out that Marjons had been using folding goal at their Junior Festival. RW agreed to contact Jamie Oxley.</li> <li><b>Hockey Festivals.</b> Two hockey festivals had been advertised to be held at Marjons: Boys on Sun 11 Mar 12 and Girls on Sun 18 Mar 12. It was agreed to enter an U12 Boys team.</li> <li><b>Club Partnerships.</b> The need to introduce older players to adult clubs was agreed. MT offered to establish a links with PGSOB and Manamead Ladies because both clubs had multiple teams (more opportunities) and PHC was supported by players from both.</li> <li><b>Goalkeeper Training.</b> First choice goalkeepers (Matt, Toby and Joe) would continue to receive priority for training. SL suggested that a list be started for</li> </ol>	<p>RW  RW  SL  MT</p>

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(a)	(b)	(c)
	others who wished to "try" goalkeeping; this was agreed.	RW
	6. <b>Insurance.</b> RW agreed to report back regarding the coverage provided by the Club's insurance policy, in particular regarding: personal injury, damage to neighbouring property and players outside the pitch.	RW
	7. <b>Olympic Test Event.</b> This "test" event would involve 8 of the world's top hockey teams. The event final required 16,000 people to "test" the facilities and procedures. RW suggested that a club trip could be arranged to watch the match; he agreed to research costs and report.	RW
	8. <b>Hockey Nation.</b> Hockey Nation was England Hockey's plan to build on the benefit of the Olympic Games. RW was keen to open the Club on 29 Jul 12 as part of this plan; this was broadly supported. All of the GB matches were to be televised; SL suggested that the Club might get together to watch these matches at a suitable venue. RW agreed to investigate and report.	All RW
9. Next Meeting	The next meeting would be held as required	All

Postscript. I left the meeting feeling that it had been really worthwhile and that we could have gone on for longer. I apologise if I stifled some discussion, but 3 hours was enough. We do have a way forward which will need to be tried and tested. If you believe that this was a useful forum, perhaps we could get together again at the end of the season or at the start of the next one.

R D WHITE  
Chairman